



To: periodproducts@phs.co.uk

Subject: More eco-friendly period product options for schools

Dear Phs team,

I'm writing to you from _____ regarding the free period products which you will be providing for schools across the UK. Firstly, we'd like to say thank you for being part of this project, we know it will make a real and tangible difference to the quality of life and education for students at our school and across the country.

Secondly, I'm aware that we will be able to order reusable pads and menstrual cups from your platform which is wonderful!

Thirdly, I see that we will only be offered disposable tampons and pads from Proctor and Gamble and Lil-lets. We know that many people with periods and retailers don't realise that most period pads (including Lil-lets, Always, Tampax and most supermarkets own-brands) can contain up to 90% plastic – the equivalent of five plastic bags per pack of pads. Tampons also contain a plastic weave (not forgetting the plastic applicators, packaging and the **covers which are present even in Lil-lets organic range**).

The government have challenged us to go [plastic-free by 2022](#), and we fear that this will become impossible should we wish to order disposable pads from you.

In 2019 City to Sea ran a petition '[Plastic Free Schools need Plastic Free Periods](#)' which reached nearly 40,000 signatures. The Department for Education responded, saying that the schools contract '*will be required to offer environmentally-friendly sanitary pads as a minimum.*' City to Sea also co-wrote an [open letter](#) with the same ask, which was signed by 150 members of school staff.

We would like you to consider adding _____ (e.g. a plastic-free/ organic disposable tampon and pad brand like Organic Mondays or Natracare / another reusable pad brand like Ecofemme or Precious Stars Pads / some period pants like Modibodi / a reusable applicator like DAME, etc) to your offering for schools. This simple action provides students at our school with more environmentally-friendly options and could prevent the equivalent of 90 million plastic bags worth of plastic flooding into our schools over the next year!

It's vital for us to tackle period poverty in the UK, but it's also of upmost important to us to try and protect the planet that our students will inherit. As such, we are trying our hardest to divest from single-use plastic and would appreciate your help in achieving this in the bathroom.

Thank you again for the wonderful work you're doing, we really appreciate it and hope you can seriously consider this suggestion.

Yours sincerely,