



Online retailer guide for #PlasticFreePeriods

PLASTIC FREE PERIODS

Where to find sustainable period products when you're doing your online shopping. Buy reusables once and they'll last you years!



	MENSTRUAL CUP	PERIOD PANTS	REUSABLE PADS	DAME REUSABLE APPLICATOR	PLASTIC-FREE TAMPONS AND PADS (SINGLE-USE)
BOOTS	✓ Kind £19.95 and Mooncup £21.99	✓ Thinx £30-32	✗	✓ £21.24	✓ Dame tampons £3.49, Flo tampons £2.19 - £2.53, Kind tampons £2.19 - £2.33, Lil-lets (organic) tampons £3.19
SAINSBURYS	✓ Intimina £14.50-£16.00	✓ Wuka £20	✗	✓ £25.00	✓ Yoni pads £2.90-£3.50, Yoni tampons £2.90 - £3.50, Dame tampons £3.50
WAITROSE	✓ Hey Girls £8.95	✗	✗	✓ £24.99	✓ Flo liners £2.50, Flo tampons £4, Flo pads £3, Morrisons Sustainable tampons and pads £2.50
THE PLASTIC FREE SHOP	✓ Organicup £20.50	✗	✗	✗	✓ Natracare liners £2.40, pads £2.50, tampons £3.10, Grace & Green liners £4.85, pads £4.85, tampons £4.30 - £4.50.
SUPERDRUG	✓ TOTM £15.99 and OrganiCup £20.99, Divacup £16.99	✗	✗	✗	✓ TOTM liners £1.79, TOTM pads £2.35, TOTM tampons £1.99-£2.19, Luna pads £1.98, Luna liners £1.73
ASDA	✓ Hey Girls £8.95	✗	✗	✗	✓ Hey Girls pads £3
TESCO	✓ TOTM £20	✗	✗	✗	✓ TOTM applicator tampons £3.20, TOTM liners £2.80, TOTM pads £3.35
OCADO	✓ TOTM £20	✗	✗	✗	✓ TOTM applicator tampons £3.20, Natracare £1.51- £2.66 (wide range), Kind Organic £2.99 - £3.99 (wide range), Naty pantyliners - £2.47, Flo pantyliners £1.99, Flo applicator tampons £4.39
MORRISONS	✗	✗	✗	✗	✓ Flo liners £2.50, Flo tampons £4, Flo pads £3, Morrisons Sustainable tampons and pads £2.50
AMAZON FRESH	✓ Organicup £17.98	✗	✗	✗	✗
CO-OP	✗	✗	✗	✗	✗