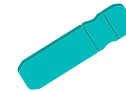




# Online retailer guide for #PlasticFreePeriods

PLASTIC FREE PERIODS

Where to find sustainable period products when you're doing your online shopping. Buy reusables once and they'll last you years!



	MENSTRUAL CUP	PERIOD PANTS	REUSABLE PADS	REUSABLE APPLICATOR	PLASTIC-FREE TAMPONS AND PADS (SINGLE-USE)
OCADO	✓ TOTM £20, Selenacare £17.00	✓ Wuka £19.99	✓ Selenacare £8.50	✓ DAME £24.99	✓ TOTM (wide range) £2.80-£3.50, Natracare £1.51-£2.66 (wide range), Yoni (wide range) £3.59 - £4.29, Eco by Naty (wide range) £2.47 - £3.99, Kind Organic (wide range) £2.99 - £3.99, Flo (wide range) £1.99 - £4.39, Lil-lets organic tampons and pads £2.99 - £3.79, DAME tampons £3.49,
BOOTS	✓ Mooncup £21.99 and own brand £15	✓ Thinx £30-32	✗	✓ DAME £24.99	✓ Dame tampons £3.49, Flo tampons and pads £2.19 - £2.99, Kind tampons and pads £2.19 - £3.79, Lil-lets (organic) tampons £3.19
SAINSBURYS	✓ Intimina £14.50-£16.00	✓ Wuka £20	✗	✓ DAME £25.00	✓ Yoni pads and tampons £3.25-£3.50, Dame tampons £3.50
SUPERDRUG	✓ TOTM £15.99, OrganiCup £15.99 - £20.99, Divacup £16.99	✗	✗	✓ TOTM £14.99 - £19.95	✓ TOTM liners and pads £1.79 - £2.60, TOTM tampons £1.99-£2.20, Luna pads and liners £1.73 - £1.98, Lil-lets organic tampons and pads £2.49 - £3.00
WAITROSE	✓ Hey Girls £8.95	✗	✗	✓ DAME £24.99	✓ Dame tampons £3.49, Natracare liners and tampons - £1.70 - £2.50, Hey Girls pads £3.25, Lil-lets organic tampons £2.99
ASDA	✓ Hey Girls £8.95	✗	✗	✗	✓ Hey Girls pads £3
AMAZON FRESH	✓ Mooncup £21.72	✗	✗	✗	✓ Natracare pads and liners £2.79 - £1.89, Natracare tampons - £3.26, Organ(Y)C liners £3.49 - £4.29, Organ(Y)C tampons £3.19 - £3.49
THE PLASTIC FREE SHOP	✓ Organicup £20.50	✗	✗	✗	✓ Grace & Green tampons and pads £4.29 - £4.95, Natracare tampons and pads £2.50 - £3.15
TESCO	✓ TOTM £20	✗	✗	✗	✓ TOTM applicator tampons £3.20, TOTM liners £2.80, TOTM pads £3.35
MORRISONS	✗	✗	✗	✗	✓ Flo tampons and pads £2.50 - £4.00, Morrisons Sustainable tampons and pads £2.00 - £2.50
CO-OP	✗	✗	✗	✗	✗